

# KIRSTEN SCHRICK LIVING POTENTIAL



„Follow the spirit and your own intuition.  
Surprise and inspire the spirit of others.“

## Dr. Kirsten Schrick

KIRSTEN SCHRICK  
LIVING POTENTIAL

**2009–today**

**Founder of the TIM Foundation**

With TIM, we help young people develop their potential and mature into strong personalities. We support middle school students on their path towards a successful and fulfilling life. The basis for this is trust in oneself, one's abilities and other people. That's why for us, TIM means: Trust In Myself.



**2003–today**

**Founder of Kirsten Schrick - Living Potential (Potential leben)**

„Enhancing vibrancy. Giving room to the new. This is how you bring your potential to life - for the benefit of the individual and the community.“

To date, my team and I have worked with and accompanied over 25,000 satisfied customers through more than 2000 successful training courses and conferences. In analog and digital fashion.



**2016–today**

**Co-founder of the Munich-based founder network (Stifterinnen-Netzwerk - MSN)**

In the Munich-based founder network, dedicated women support each other as founders. In their foundation work, they are happy to work for people and the community - because for them, it is a matter of the heart.

1987–1995

**Head of Internal Communications and  
Central PR department**  
Bayerische Vereinsbank AG

1981–1987

**Master's degree**  
New German literature, art history,  
communication sciences  
Ludwig-Maximilians-University of Munich

1995–2003

**Chief Representative: Head of the sections  
Advance Bank AG, Munich**

Communication center  
Service management  
Internal communication / organizational  
implementation

1988–1989

**Promotion**  
Philosophy  
Dissertation: Munich as a city of art  
(magna cum laude)  
Ludwig-Maximilians-University of Munich

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### Further personal training

- Systemic consultant training with Prof. Dr. F. Simon, Berlin
- Organizational constellations by Prof. V. von Kib d and I. Sparrer, Munich und Vienna
- Counseling, Voice Dialogue Method according to Sidra and Hal Stone at SWI-M Institut für systemische Weiterbildung, Munich
- Mediation at the Akademie für Mediation und Ausbildung, Munich
- Buddhist psychology – dealing with different attitudes (Christl Oelmann, Munich)
- Instruments of perception and their application in everyday life (Verena Bachmann and Jeffe Anders, Zurich)
- Body work according to the Open Floor methode (Dr. Andrea Juhan, USA)

### Awards

- July 2020: KressPro award as one of the top 25 most important consultants in Germany
- June 2002: Customer Service Award, 1st place for financial services providers in Germany
- March 1999: MUWIT's continuing education award for the "Culture Jingles" measures for implementation of the Advance company culture
- June 1998: Customer Service Award, 3rd place
- June 1997: Customer Service Award, 1st place